

Our Spiritual Blessings

Devotions from Ephesians 1:1–14

South Sub Church | June 8, 2025

Sermon Series: Ephesians – Our Wealth in Christ

Day 1: Chosen by God

Ephesians 1:4 –

“For he chose us in him before the creation of the world to be holy and blameless in his sight.”

Reflection:

Before the world began, God chose you—not randomly, but purposefully. Like a captain selecting a team, God saw you and said, “I want you.” His choosing is rooted in love and grace, not performance. This is not about exclusion, but invitation. Everyone is offered a place on God’s team.

Application:

Do you carry insecurity or fear of rejection? Let this truth sink in: You are chosen by God. Walk in that confidence today.

Prayer:

Heavenly Father, thank You for choosing me long before I ever knew You. Help me rest in that truth and live with boldness. Amen.

Day 2: Adopted into God’s Family

Ephesians 1:5 –

“In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will.”

Reflection:

Adoption means being brought fully into a family—not as a guest, but as a child. Through Jesus, God calls you His own. You're not tolerated; you're treasured. His love wasn't waiting to be impressed. It was already set on you.

Application:

What would change if you truly believed you're a child of God? Let that truth shape your identity and interactions today.

Prayer:

God, thank You for making me part of Your family. Help me live with the peace and joy of being Your child. Amen.

Day 3: Redeemed and Forgiven

Ephesians 1:7 –

“In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.”

Reflection:

Redemption is a powerful word—it means being bought back, rescued, and set free. In the first century, slaves could be redeemed with a price. Jesus paid that price for us. Not just to forgive us, but to transform our status and future.

Application:

Have you been living like a slave to your past? Remember, you are no longer bound. You are redeemed and forgiven.

Prayer:

Jesus, thank You for paying the price to redeem me. May I live in the freedom and grace You died to give. Amen.

Day 4: Informed by God’s Will

Ephesians 1:9 –

“He made known to us the mystery of his will according to his good pleasure, which he purposed in Christ.”

Reflection:

God isn’t hiding His plan. Through Christ, He reveals a mystery once concealed: to unite all things under Jesus. You are not aimless or overlooked. You are invited into His grand narrative of redemption.

Application:

Feeling uncertain about your future? Begin with what you *do* know—God’s revealed will in Scripture—and align your life with His redemptive mission.

Prayer:

Lord, thank You for making Your will known. Help me live each day on mission for Your glory and purpose. Amen.

Day 5: Sealed with the Holy Spirit

Ephesians 1:13–14 –

“When you believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance...”

Reflection:

A seal marks ownership and security. When you believed in Jesus, God placed His Spirit in you—guaranteeing what’s to come. You have God’s presence now and the promise of forever. The Holy Spirit isn’t just a symbol; He’s a living, empowering companion.

Application:

Are you aware of the Spirit’s presence in your life? Ask Him to lead, guide, and remind you daily of your identity in Christ.

Prayer:

Holy Spirit, thank You for sealing and securing me in Christ. Help me to hear Your voice and follow Your lead. Amen.